

April 9, 2015  
Statesboro, GA

## Work Session

The Board of Commissioners met for a Work Session at 12:15 pm in the Community Room of the North Main Annex. County Manager Tom Couch gave the invocation and the Pledge of Allegiance.

The following commissioners were present: Vice Chairman Thompson, Commissioner Gibson, Commissioner Rushing, Commissioner Mosley, and Commissioner Ethridge. The following staff were present: County Manager Thomas Couch, Assistant County Manager Andy Welch, County Attorney Jeff Akins, Clerk of the Board Olympia Gaines, Management Analyst Cindy Steinmann, Human Resources Director Maggie Porter, Payroll Coordinator Linda Morris, GIS Coordinator Paul Conner, Motor Vehicle Supervisor Trudie Legree, Parks and Recreation Operations Supervisor, Aquatics Division Manager Steve Brown, EMS Richard Mallard, Solid Waste Administrative Assistant Janet Driggers, and Road Superintendent Allen Ryles.

Vice Chairman Thompson called the Work Session to order and asked that Mr. Couch proceed with the meeting. Mr. Couch asked that everyone give a brief introduction and asked Mr. Shannon Middleton with TransformHealthRx to make a presentation. Mr. Middleton provided a brief history of TransformHealthRx. Mr. Middleton described some of the benefits of their onsite health centers to include: (1) accessible and affordable primary care; (2) control rising cost of health plan; (3) bring stability to future health plans; (4) add value and great benefit by keeping employees healthy; (5) bring visibility and support in controlling costs for Workers Compensation. He listed some services offered at the Employee Health and Wellness Centers to include: (1) Non emergent conditions; (2) Sprains, strains, and minor lacerations/work related injuries; (3) Allergy and hormone injections; (4) Annual GYN physicals including pap smears, DOT physicals, sports physicals; and (5) Chronic condition management. Mr. Middleton stated the employee health and wellness plans are tailored to fit the needs of the company and services are structured to build trust between the employee and providers.

Mr. Couch asked Mr. Jeffrey Grant, City of Statesboro Human Resources Director, to provide a brief synopsis of their experience with TransformHealthRx. Mr. Grant briefly described the City's plan which included activities like 5k marathons for employees to earn employee vacation time and greatest loser contests. Other incentives such as an initial six month cost free program were utilized to encourage dependent participation in the employee health and wellness centers. Mr. Grant stated that monthly departmental meetings were beneficial in explaining components of the program and provided a way to analyze data to see what was and wasn't working within the program. Mrs. Flavia Starling, City of Statesboro Senior Human Resources Benefits Coordinator, stated initially in the first six months of their plan it required a great deal of time, but over the course of time, there has been minimal time spent working on the plan as the plan basically works for itself.

After some further discussion, Mr. Couch stated the overall consideration was whether the program would be a benefit to the employees. Mr. Couch asked if there were any additional comments from the commissioners and staff. Commissioner Ethridge thanked the staff for their support and willingness to discuss information concerning health and wellness centers and TransformHealthRx for their presentation. Hearing no further comments, Vice Chairman Thompson thanked staff for their questions and comments, and thanked TransformHealthRx for their presentation. He stated that he would like to see more information presented on the cost for the County and suggested this information be presented during the time slotted for the budget interviews. With no further business or discussion, Vice Chairman Thompson announced that the work session was adjourned.

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Roy Thompson, Vice Chairman

Attest: \_\_\_\_\_  
Olympia Gaines, Clerk